WAS A A

For Drug and Alcohol Counselors
(NAADAC approved #840)

12 Continuing Education Hours

Sponsored by:



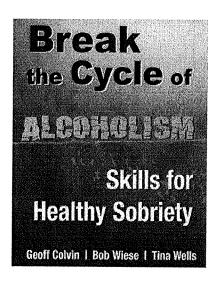
Specialists in Behavior Disorders

Independent Book Study

Learn about an effective treatment approach based on

Behavioral Psychology





Complete this independent book study course for twelve Continuing Education Hours from the convenience of your own home or office.

Book Title:

Break the Cycle of Alcoholism: Skills for Healthy Sobriety by Dr. Geoff Colvin, Bob Wiese, and Tina Wells. Published 2012, 330 pages.

Book Content:

This book begins with a comprehensive review of the pervasive and debilitating effects of alcoholism and provides an understanding of how alcoholism is established and maintained through the application of behavioral psychology. Detailed information is then offered for what it takes to get started with the recovery process and obtain initial sobriety. The book goes on to address the crucial and often neglected question "Now I am sober then what?" To this end, detailed descriptions are presented on how to develop critical life skills to enable recovering alcoholics attain and sustain quality, healthy, and lifelong sobriety. Many examples and practical strategies are provided throughout the book and each major topic area is accompanied with reproducible checklists, action plans, and pertinent illustrations. While the book specifically targets alcoholism, the analysis and design of interventions apply to any addiction.

Cost: \$60 (for 12 CEHs, free book, and free postage)

What You Get for \$60.00

- Twelve (12) Continuing Education Hours upon course completion from NAADAC
- Free copy of book (\$24.95 value)
- Free postage for: mailing initial packet of book, quiz, and instructions; return stamped addressed envelope for mailing back completed quiz; and mailing of Certificate of Completion
- Attractive Certificate of Completion

Steps to Obtain This Offering of 12 Continuing Education Hours

- 1. Complete registration form below and enclose check for \$60 payable to Behavior Associates.
- 2. Mail registration form and check to: Behavior Associates, 2585 Windsor Circle East, Eugene, OR 97405.

OR

Register online at www.behaviorassociates.org from link Continuing Education Hours.

- 3. A packet will be mailed to you containing the independent study book, quiz, and instructions.
- 4. Read each chapter and complete corresponding questions from the quiz. Return completed quiz in stamped- addressed envelope **within two months** from mailing of packet. Also please complete evaluation questions on the last page.
- 5. Certificate of Completion will be sent upon satisfactory completion of quiz (80% or more correct responding).
- 6. Opportunity for re-submission is available.
- 7. Submit copy of Certificate of Completion to NAADAC to obtain 12 Continuing Education Hours.

Contact Information

If you have additional questions please feel free to contact Dr. Geoff Colvin, Instructor of Record, at:

Telephone: 541 485 6450

Fax: 541 344 9680

Email: geoffcolvin@comcast.net

Address: Behavior Associates,

2585 Windsor Circle E, Eugene, OR, 97405

ACT NOW. Take advantage of this convenient opportunity for 12 Continuing Education Hours to study an innovative treatment approach for alcoholism.



REGISTRATION FORM

For Drug and Alcohol Counselors (NAADAC approved #840)

Continuing Education Hours (12 Hours)
Independent Book Study
For book
Break the Cycle of Alcoholism:
Skills for Healthy Sobriety



Complete and Mail to Behavior Associates (Please write clearly):

Name:

Address:

Email Address:

Telephone

Also please enclose check payable to Behavior Associates for \$60.



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